

**REGISTRATION
OPEN HOUSE**

May 23, 09 Rockford YMCA
I.D. Pennock Branch lobby
9:00 am–12:00 pm

**ONLINE/WALK-IN
REGISTRATION**

Ends Jun 8, 09



fostering identity recreation & education

NEW! LEVELS OF PARTICIPATION

FIRE For intermediate to advanced level athletes who would like to be challenged by a higher level of expectation, achievement, and responsibility.

- Expected to attend three practices per week (*one week off for family vacations*)
- Will receive a **Rockford FIRE** uniform to use for each meet, and a **Rockford FIRE** t-shirt
- Participate in three local meets (*where awards will be given to all athletes*), and two area AAU or United States Track and Field sanctioned meets
- Registration fee includes USATF membership
- Parents are responsible for travel and expenses to AAU and USATF events.

JR FIRE For entry level athletes who would like to be exposed to the fundamentals of track and field, recreation, nutrition, sportsmanship, and self-esteem building.

- Will receive a **Rockford FIRE** t-shirt
- Participate in three meets (*where awards will be given to all athletes*)

**FIRE
Track & Field
AGES 5–18**



Athlete (Resident)	\$50.00
Athlete (Non-Resident)	\$65.00
Additional Athlete (Resident)	\$25.00
Additional Athlete (Non-Resident)	\$40.00

Athlete (Resident)	\$130.00
Athlete (Non-Resident)	\$160.00
Additional Athlete (Resident)	\$70.00
Additional Athlete (Non-Resident)	\$100.00

EAST PRACTICE		WEST PRACTICE	
Guilford HS Stadium <i>5620 Spring Creek Rd, Rockford</i>	Auburn HS Stadium <i>5110 Auburn St, Rockford</i>		
MON & WED ID# 307601-E Season starts Jun 8, 09 5:30–7:00 pm	MON & WED ID# 307601-W Season starts Jun 8, 09 5:30–7:00 pm		

EAST PRACTICE		WEST PRACTICE	
Guilford HS Stadium <i>5620 Spring Creek Rd, Rockford</i>	Auburn HS Stadium <i>5110 Auburn St, Rockford</i>		
MON–WED ID# 307602-E Season starts Jun 8, 09 5:30–7:00 pm	MON–WED ID# 307602-W Season starts Jun 8, 09 5:30–7:00 pm		

SUN SAFETY

As you venture out this summer, we hope you remember these few sun safety tips. No one wants to miss out on a minute of summer fun because they went home as red as a lobster!

The SPF rating system, plastered on bottles and tubes around the world, is only a measure of protection against UVB rays that cause sunburn. It's possible to have a sunscreen with a high SPF but still not get any protection from UVA rays (*the culprits behind skin damage and discoloration, wrinkles, and possibly even skin cancer!*). The US Food and Drug Administration (FDA) is working on upgrading these standards, but until then, look for products that offer protection from both UVA and UVB rays.

- Try to avoid being out in direct sunlight between 10 am and 3 pm (*when the sun's rays are strongest*), especially if you're not wearing sun block or other sun protection.
- Toss a travel size "sunbrella" or one of those new funky parasols into your bag or car to chill under at the pool, parks, a friend's backyard, or wherever your summer adventures take you.
- Even hanging in the shade is not total protection from the sun, as the sun's rays can be reflected off many surfaces (*including sand and concrete*). Take advantage of comfortable, loose-fitting clothes made of natural fibers (*such as cotton*) to help keep you cool and protected.
- A pair of shades is more than just a fashion statement. Having a pair or two on hand can help shield and protect your eyes from those sunny summer days.
- *And last but not least*, don't forget to protect those especially sensitive areas like ears, the back of the neck, the tops (*and bottoms*) of feet, and other areas that aren't normally exposed to the sun's harsh rays.



Inclusion, another program opportunity

Inclusion within the Rockford Park District means individuals with disabilities are welcome to participate in the same recreation programs and activities as their peers.

Reasonable accommodations are provided to enable an individual's successful participation in a program.

How?

The Rockford Park District welcomes and supports the participation of individuals with disabilities in all programs and services.

- Consultation on activity modification
- Disability awareness training
- Behavior modification support
- Observation and evaluation
- Visual systems and sensory equipment/toys
- Sign language interpreters
- Adapted equipment (*sleds, skate walkers, hand cranked bicycles, sport wheelchairs*)
- Varying levels of disability-trained staff support

A parent's guide to inclusion

Steps to receive inclusion support

1. Register for desired Rockford Park District program at Webbs Norman Center, Carlson Ice Arena, or www.rockfordparkdistrict.org.
2. Check "yes" where the registration form states, "...does the participant have a disability or medical conditions that may require assistance or accommodation?"
3. A team member from Inclusion Services will contact you within 48 hours to assess needs, level of support, and an appropriate start date.

**For additional questions,
contact Abby Oakley**

**815-987-1610 (TTY, 888-871-6171)
Inclusion@rockfordparkdistrict.org**

Popular programs in which individuals with disabilities have been included:

- Lessons (*swimming, hockey, ice skating, horseback riding, tennis, golf*)
- Day and residential summer camps (*Summer Blast, Nature Quest, Camp Lone Oak, Pony Camp*)
- Neighborhood programs (*Playgrounds, Lewis Lemon and Washington Park community centers*)
- Environmental education and recreation
- Youth sports
- Rec nights

Inclusion Services roles

1. Contact family/guardian to complete full assessment.
2. Obtain and organize any additional info, equipment, and additional support staff (if applicable).
3. Notify program staff of participants' needs and the staff's role in supporting them in their program.
4. Communicate with family any updates, changes, or any information that they need to be made aware of before the start of the program.
5. Maintain communication with parents/guardians, support staff, and program staff, throughout the course of the program.
6. Recommendations will be addressed based on the participant's progress or level of success in the program.

Inclusion Services has created successful inclusion opportunities by:

- Implementing a positive support plan for a child with a conduct disorder in a full day summer camp setting.
- Providing an all-terrain wheelchair for a student with a physical disability for full trail access at Atwood Environmental Center.
- Creating and training staff on an enhanced visual system for a camper with a visual impairment.
- Trained staff supported a camper with an attention deficit disorder by providing additional supports such as redirection and positive reinforcements at soccer camp.
- Providing a sign language interpreter for a teen at horseback riding lessons.

Parent/Guardian roles

1. Verify the participant meets minimum eligibility requirements of program (*i.e., age, registration, and level of participation*).
2. Keep in mind, recreation programs and activities are voluntary in nature. Participation will be encouraged and aided, but not forced.
3. Communicate openly with Inclusion Services staff, providing pertinent information on participant's needs for successful inclusion.
4. Communicate absences to inclusion and/or program staff in advance.
5. Provide constructive feedback on participant's progress and response to inclusion effort.

Registration information

➤ Register early! Classes with low enrollment one week prior to start may be cancelled.

Payment

Payment is required at the time of registration. We accept cash, local personal checks, credit cards (*Visa, MasterCard, and Discover Card only*) and debit cards on which the VISA or MasterCard logo appears. Please make checks payable to "Rockford Park District."

EZ Pay payment plans are available for select programs, allowing you to spread payments out so they're manageable for your budget. Call 815-987-8800 (TTY, 888-871-6171) to make arrangements. Each program session must be paid in full prior to the session start date.

FEE ASSISTANCE AVAILABLE

See p 18 for details.



Registration confirmations

If you registered online, you will receive e-mail confirmation as soon as you have been registered in the program. If you submitted a paper registration form, you will receive a confirmation receipt through the mail listing all the programs for your family, and whether they have been enrolled in the class or placed on the waiting list. The confirmation receipt does not guarantee enrollment if the class does not fill and is cancelled. In the event your program is cancelled, you will be notified and your program fee refunded.

Waiting List Policy

Some programs are popular and fill quickly. You may opt to register for a filled program and be placed on the waiting list. To be placed on a waiting list, the program registration process must be fully completed, including payment. Your position on the waiting list is based upon when the registration is processed by the District. If the District cannot accommodate your enrollment by the second meeting of the class, your registration fee will be refunded in full. All waiting lists have a limited number of spots, so it is possible that the waiting list may already be filled at the time you attempt to register.

Am I considered an RPD resident?

Rockford Park District programs are open to both residents and non-residents of the Park District. People who are residents are paying property taxes that support the Rockford Park District, and receive a discount on most Park District services. To determine if you are an RPD resident, review your personal property tax assessment to see if you are assessed by the Rockford Park District, view a copy of the tax bill for your address at www.wingis.org, or call our office (815-987-8800) during business hours to have us look up your address.

Transfer Policy

Transfers are allowed up until the beginning of the first class. Transfers after a program has started must be requested through the manager of the specific program. If the transfer is to a higher priced program, the additional fee must be paid prior to the transfer. If the transfer is to a lower priced program, a credit will be issued to the household.

How do I get a refund?

Full refunds will be granted for registration cancelled by the participant two weeks prior to the first class. If the program you've registered for is cancelled, a full refund will be issued. If you feel the program that you participated in did not deliver the service that it was supposed to, you are entitled to a Quality Assurance refund. All we ask is that you speak with the program manager to help them understand your dissatisfaction.

Partial refunds may be issued for programs/classes that you are unable to complete due to illness or injury (*it is your responsibility to notify the District of your situation before the class ends*) or that the District has to cancel due to inclement weather or conditions. Some programs reserve the right to issue promotional day passes in lieu of cash refunds for weather-related cancellations.

These regulations apply to recreation and instructional programs throughout the Park District. They do not apply to daily admissions, memberships, permits, leagues, and rentals. These services have specific policies as part of the information provided to the participant at the point of registration.

Refunds will be issued in the form of a credit to your household account. You may request a refund of credit on your household account by calling Customer Service. Refunds will be applied to any outstanding balance owed by your household for programs, activities, memberships, leagues, or rentals. If there is no outstanding balance on your account, the refund will be issued in the form of a check or applied to your credit card based upon the method of payment used at the time of registration. Allow up to two weeks to receive your check, or for the credit to be posted.

Satisfaction Guaranteed!

It is our goal to provide customers with events, recreational programs, and activities of the very highest quality. When a customer is not satisfied, we sincerely request their comments, suggestions, or ideas for improvements.

If a customer is not completely satisfied with a recreational program, event, or activity the Rockford Park District directly provides, the customer may tell us and we will arrange for one of the following options of their choice:

- 1 Cash refund on site (*when possible, limited up to \$25*)
- 2 Refund by mail (*within 2-3 weeks*)
- 3 Refund to credit card (*if payment was made by credit card*)
- 4 Refund to household account

Refund applications (*Quality Assurance Forms*) may be filled out in writing at the facility where the program, event, or activity is delivered, or at the Customer Service Office during business hours. Season pass refunds may be pro-rated, based on the length of use during the season of operations.

Online registration system

Registering for Park District programs is easier than ever!

With the online registration system, you can:

- Use the search engine to find programs
- Find out if a program is available before registering
- Register when it's convenient for you, not just when our office is open
- Receive e-mail confirmations of online registrations.



Here's How it Works

To use the online registration system, you must have a valid user ID and a password.

Recent Park District Users

Anyone who has registered in the past three years

- Call 815-987-8800 (TTY, 888-871-6171)
- During Customer Service hours (Mon–Fri, 8:30 am–5:30 pm), send an e-mail to rpdmal@rockfordparkdistrict.org to obtain a user ID and password

You can also use the household number listed on past receipts, or the first six numbers on your season pass as your user ID and password.

New Park District Users

Anyone who has not registered in the past 3 years

Register online as a new user. You will need to furnish your name, address, birth date, and telephone numbers, as well as an e-mail address, to receive a user ID and password.

You may also register in person at either of our Customer Service locations

Webbs Norman Center

401 S Main St, Rockford
Mon–Fri, 8:30 am–5:00 pm

Carlson Ice Arena

Perryville and E Riverside Blvd, Loves Park
Mon–Fri, 8:00 am–8:00 pm,
Sat 8:00 am–12:00 pm



To start using the online registration system, visit rockfordparkdistrict.org, and click on "Register now."

Those without a user ID and password will be able to browse our program listings by clicking on the Guest button, but must obtain a user ID and password to register online.



Once you've clicked on "Register now" you'll be taken to the sign in page. Enter your ID and password to sign in, or browse programs as a guest.

While viewing our programs online, here is the information you will find when you click on these symbols for each program:

You will see a **shopping cart symbol** next to programs available for registration when you are logged in with a valid user ID and password. You will see a shopping cart symbol with a slash through it when you are logged in as a guest.

Click on the **house symbol** to see the location where the program is scheduled to be held.

Click on the **dollar sign symbol** to see a summary of the fees for an activity. When you log in with a valid user ID and password, you will see the correct price based on your residency.

Click on the **check mark symbol** for class size information, including minimum and maximum counts, how many participants are enrolled, and the size of the waiting list (if applicable). The symbol will be green if the class has openings, yellow if the class has a waiting list, and red if registrations are no longer being accepted.

Click on the **question mark symbol** for a brief description of the activity, including age/grade restrictions.



INDIVIDUAL PARTICIPANT REGISTRATION INFORMATION

HH ID# _____

Last name _____ First _____ Middle _____
 Address _____ City _____ State _____ Zip _____
 Home phone _____ Birth date / / Age _____ Male Female
 Parent/Guardian Name _____ Work Phone _____
 E-mail address (optional) _____

Does participant have allergies that may require medication (i.e., EpiPen, Benadryl, etc.)? Yes No

Will participant need to take medication during program hours? Yes No

Does participant have a disability or medical condition that may require assistance or accommodation? Yes No
 (i.e., diabetes, seizures, mental illness, conduct/behavior disorder, physical disability, developmental delay)

If answering yes to either medication question, please request the Permission to Administer Medication Form from Customer Service

EMERGENCY INFORMATION/AUTHORIZED PICK-UP Please list any adult (age 18+) whom we should contact in case the parent/guardian cannot be reached in the event of any emergency. Indicate anyone authorized to pick up your child in the event that you are unable to do so. To ensure your children's safety, they will not be released to any individual who is not named on this form. Adults must present a photo ID at the time of pick-up.

Contact Name _____ Phone #1 _____ Phone #2 _____
 Relationship _____ May Pick Up Yes No
 Contact Name _____ Phone #1 _____ Phone #2 _____
 Relationship _____ May Pick Up Yes No

TEAM REGISTRATION INFORMATION

Team name _____
 Manager's name _____
 Address _____ City _____ State _____ Zip _____
 Home phone _____ Birth date / / Age _____ Male Female
 Work Phone _____ Cell Phone _____
 e-mail address (optional) _____

PROGRAM INFORMATION (you may attach additional sheets if necessary)

1) ID# _____ Program name _____ Fee _____
2) ID# _____ Program name _____ Fee _____
3) ID# _____ Program name _____ Fee _____

ATTN ALL SKILLS & SELECT VOLLEYBALL CAMPS PLAYERS Please also provide the following information: Grade _____ T-shirt size _____

ATTN DUBBLE BUBBLE PLAYERS Please also provide the following information: Grade _____ T-shirt size _____

Friend placement request (1 request per player) _____

ATTN "CLUBS FOR KIDS CLINIC WITH MICHAEL HEBRON" PARTICIPANTS Please also provide the following information: Height _____
 Will you be bringing your own clubs to use during the clinic? Yes No If no, are you right-handed left-handed?

ATTN HOCKEY PLAYERS Please also provide the following information: Currently on a team? No Yes If yes, what level/team color? _____
 # of yrs participant has been skating _____ League placement requests (up to 3 people on same team) _____

ATTN HORSEBACK RIDERS Please also provide the following information: Height _____ Weight _____

ATTN SLO-PITCH PLAYERS Please also provide the following information: Parent/guardian would like to coach. Call at this phone # _____
 Grade _____ T-shirt size _____ Friend placement request (1 request per player) _____

ATTN SUMMER ACES PLAYERS Please also provide the following information: Grade _____ T-shirt size _____

ATTN SUMMER SHOWCASE SKATERS Please also provide the following information: Current LTS class level _____ Music length _____

Name of song _____ PRIVATE LESSON STUDENTS: Level of ability _____ Coach's name _____

Participating in (limit 2 numbers per participant): GROUP SOLO DUET with _____
 TRIO with _____

T-shirt size Youth S (6-8) Youth M (10-12) Youth L (14-16) Adult S (34-36) Adult M (38-40) Adult L (42-44) Adult XL (46-48)

The Rockford Park District is committed to providing services in an equitable manner.

Answering the following is optional, but helps us measure how we are doing. RACE/ETHNICITY (select all that apply)

American Indian/Alaskan Native Asian/Pacific Islander Black White Hispanic (any race) Other (please list) _____

PAYMENT INFORMATION Would you like to make a donation to the Rockford Park District Fee Assistance program to aid kids who need financial help to participate in RPD programs? Yes \$ _____ No thank you

Credit card # _____ Exp date _____ Total of all fees \$ _____

Signature (Authorization for credit card use) _____

IMPORTANT INFORMATION

The Rockford Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs. You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation,

instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Rockford Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/ activity against the Rockford Park District, including its officials, agents, volunteers and employees (hereinafter collectively referred to as "District"). I do hereby fully release and forever discharge the District from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line facsimile signature shall substitute for and have the same legal effect as an original form signature.

Participant's name (PLEASE PRINT) _____

Parent/guardian or adult participant signature _____ Date _____

PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian and date are not on this waiver.

Four convenient ways to register

ONLINE
 rockfordparkdistrict.org

MAIL-IN
 Rockford Park District Customer Service
 401 S Main St STE 109 • Rockford, IL 61101

FAX (credit card payments only)
 815-987-8877


IN PERSON
 Customer Service, Rockford Park District
 Webbs Norman Center • 401 S Main St, Rockford
 Mon-Fri, 8:30 am-5:00 pm

Customer Service Satellite Office,
 Carlson Ice Arena
 Perryville and Riverside, in Loves Park
 Mon-Fri, 8:00 am-8:00 pm
 Sat, 8:00 am-12:00 pm

PHOTOS On occasion, RPD staff may photograph or videotape participants during Park District programs/classes, events, or at our facilities. These photos may be used in Park District publications, advertisements, or videos. If you do not wish to be photographed, please step away from the camera or notify the photographer.

TITLE VI As the Rockford Park District has received financial assistance in the form of Land and Water Conservation assistance, the US Department of the Interior, under Title VI of the Civil Rights Act of 1964, prohibits discrimination on the basis of race, color, national origin, age, or disability. If you believe you have been subjected to discrimination in any program, activity, or facility, or you desire further information regarding Title VI, please write to: Office for Equal Opportunity; US Department of the Interior; Washington, DC, 20240

You may also register for tennis, equestrian, and Sportscore programs at their respective locations during their business hours (Guilford Tennis Center, Lockwood Park, Sportscore One, and Indoor Sports Center). Registration questions? Call RPD Customer Service at 815-987-8800 (TTY, 888-871-6171).

 We welcome the opportunity to assist guests with disabilities to enjoy ALL our facilities, programs, and services. For assistance and information on accessibility, contact Customer Service at 815-987-8800 (TTY, 888-871-6171).