

ADULT tennis

➤ See p 36 in the youth section of this guide for private lesson information.

Lessons (Ages 16 and older)

Getting started has never been so easy! Lessons designed for those wanting to learn how to play, or wanting to polish up their game. The program provides instruction along with match play, while emphasizing the fun and social aspects of tennis.

Guilford Tennis Center 5702 Spring Creek Rd, Rockford

Resident	\$40.00
Non-resident	\$45.00

BEGINNER LEVEL		INTERMEDIATE LEVEL	
MON & WED	6:30–8:00 pm	MON & WED	8:00–9:30 pm
ID# 365105-01	June 14–July 7	ID# 365106-01	June 14–July 7
ID# 365105-02	July 12–Aug 4	ID# 365106-02	July 12–Aug 4
ID# 365105-03	Aug 9–Sept 1	ID# 365106-03	Aug 9–Sept 1

Leagues (Ages 16 and older)

This league emphasizes fun, and each player competes against other players who are of relatively equal talent and experience. Each player is guaranteed eight matches throughout the summer. Doubles players are required to register with a partner.

NOTE Please reference the *NTRP* rating chart at rockfordparkdistrict.org/ratings when registering.

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Singles	\$20.00
Doubles (fee per person)	\$15.00

MEN'S "A"

NTRP rating of 4.0 or better.

MONDAYS	8:15–9:45 pm
ID# 365402-A1	June 14–July 12
ID# 365402-A2	July 19–Aug 16

MEN'S "B"

NTRP rating of 3.0–3.75.

TUESDAYS	6:30–8:00 pm
ID# 365402-B1	June 15–July 13
ID# 365402-B2	July 20–Aug 17

MEN'S "C"

NTRP rating of 2.0–2.75.

TUESDAYS	6:30–8:00 pm
ID# 365402-C1	June 15–July 13
ID# 365402-C2	July 20–Aug 17

WOMEN'S "A"

NTRP rating of 3.5 or better.

MONDAYS	8:15–9:45 pm
ID# 365403-A1	June 14–July 12
ID# 365403-A2	July 19–Aug 16

WOMEN'S "B"

NTRP rating of 2.0–3.25.

TUESDAYS	6:30–8:00 pm
ID# 365403-B1	June 15–July 13
ID# 365403-B2	July 20–Aug 17

MIXED DOUBLES

NTRP rating N/A.

WEDNESDAYS	6:30–8:00 pm
ID# 365401-61	June 16–July 14
ID# 365401-71	July 21–Aug 18

quick facts

AGES 16 and older (as of Jan 1)

LOCATION Guilford Tennis Center

REGISTRATION ends 1 wk prior to the start of the program (or when capacity is reached)

PROPER ATTIRE REQUIRED
Shorts, t-shirt, and tennis shoes

Guilford Tennis Center
5702 Spring Creek Rd, Rockford
815-987-8807

- 14-court center with windscreens
- All courts lighted for night play
- Control center open with bathrooms



Paralympic tennis is available for youth and adults with physical disabilities. Call 815-987-1606 for more information.

One-shot clinics (Ages 16 and older)

Take advantage of these skill-specific clinics, allowing players to really focus on one area of improvement.

Resident	\$8.00
Non-resident	\$10.00

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FRIDAY	5:30–6:30 pm
ID# 365106-61	Forehand; June 11
ID# 365106-62	Backhand; June 18
ID# 365106-71	Serve; July 9
ID# 365106-72	Volley; July 23