

## quick facts

**AGES** 5-17 (as of Jan 1, 10)

**LOCATION** Rolling Green Elementary

**REGISTRATION** ends 1 week prior to the start of the program (or when capacity is reached)



# YOUTH aquatics

## Learn to Swim (Ages 5-17)

... in a fun, positive atmosphere!

In this program, participants begin learning foundational swimming skills, and ultimately, how to swim by themselves. On the first day of class, participants are placed in the most appropriate of five levels. Classes are progressive, and each level has a specific set of objectives to achieve before moving to the next. All classes are taught in the main pool in at least four feet of water. Classes run Monday through Thursday, with Fridays reserved for make-up days.

Resident ..... \$75.00  
 Non-resident..... \$85.00

### ROLLING GREEN ELEMENTARY

3621 Westgate Pkwy, Rockford, IL 61108

**MONDAYS** Sept 13–Nov 8, 10  
 ID# 460503-A6 6:00–6:45 pm

ID# 460503-A7 7:00–7:45 pm

**THURSDAYS** Sept 16–Nov 11, 10  
 ID# 460503-B6 6:00–6:45 pm

ID# 460503-B7 7:00–7:45 pm

**WEDNESDAYS** Jan 19, 11–March 9, 11  
 ID# 160503-A6 6:00–6:45 pm

ID# 160503-A7 7:00–7:45 pm

**THURSDAYS** Jan 20, 11–March 10, 11  
 ID# 160503-B6 6:00–6:45 pm

ID# 160503-B7 7:00–7:45 pm

## You never know what's in store.



TODAY



TOMORROW

### Don't let the season's surprises spoil your fun.

OSF PromptCare promises to take care of what may interrupt your warm-weather fun. We're open seven days a week to treat anything from strains and sore throats to coughs and fevers.

### Quick, convenient care.

The board-certified physicians of OSF PromptCare always put your needs first. We know you can't wait an hour or more to see a doctor. That's why we offer fast, convenient treatment, no appointment necessary. Everything at OSF PromptCare caters to your convenience, from the on-site lab and medical imaging services to access to OSF specialty physicians.

OSF PromptCare will get you the care you need and have you back on schedule in no time.

### When you need the best care around, visit one of our convenient PromptCare locations:

Southridge  
 4423 Manchester Drive  
 Rockford, IL  
 815.394.1391

Center for Health-Rock Cut  
 9951 Rock Cut Crossing  
 Loves Park, IL  
 815.639.8450

