



**ROCKFORD
PARK DISTRICT**

2010 GOLF

ADULT & YOUTH PROGRAMS

- All lessons and clinics are instructed by PGA members and PGA apprentices.
- Participants must be registered through the Rockford Park District.
- Class sign-in starts 10 minutes before each class. All classes will begin at the designated time.

Group lessons (Ages 18 and older)

Have fun learning the game of golf (*beginner level*) or improving your existing skills (*intermediate level*)! Instruction will cover the golf swing starting at the green and working back to the tee. Shots to be covered include putting, chipping, pitching, sand play, full swing irons, full swing woods, and specialty shots.

Aldeen Practice Centre 1902 Reid Farm Rd, Rockford

5-WK SESSIONS

Resident \$55.00
 Non-resident \$65.00

SATURDAYS April 10–May 8 *Rain date May 15*
 ID# 730108-41 12:00–12:45 pm • Beginner

ID# 730108-42 1:00–1:45 pm • Intermediate

TUESDAYS April 13–May 11 *Rain date May 18*
 ID# 730108-43 4:30–5:15 pm • Beginner

ID# 730108-44 5:30–6:15 pm • Intermediate

WEDNESDAYS April 14–May 12 *Rain date May 19*
 ID# 730108-45 4:30–5:15 pm • Beginner

ID# 730108-46 5:30–6:15 pm • Intermediate

ID# 730108-47 6:30–7:15 pm
 Left-handed golfers

THURSDAYS April 15–May 13 *Rain date May 20*
 ID# 730108-48 4:30–5:15 pm • Beginner

ID# 730108-49 5:30–6:15 pm • Intermediate

6-WK SESSIONS

Resident \$65.00
 Non-resident \$75.00

TUESDAYS May 25–June 29 *Rain date July 6*
 ID# 730108-61 4:30–5:15 pm • Beg/Intermediate

ID# 730108-62 5:30–6:15 pm • Beg/Intermediate

ID# 730108-63 6:30–7:15 pm • Beg/Intermediate

THURSDAYS May 27–July 1 *Rain date July 8*
 ID# 730108-64 4:30–5:15 pm • Beg/Intermediate

ID# 730108-65 5:30–6:15 pm • Beg/Intermediate

ID# 730108-66 6:30–7:15 pm • Beg/Intermediate

TUESDAYS July 13–Aug 17 *Rain date Aug 24*
 ID# 730108-71 5:30–6:15 pm

ID# 730108-72 6:30–7:15 pm

THURSDAYS July 15–Aug 19 *Rain date Aug 26*
 ID# 730108-73 5:30–6:15 pm

ID# 730108-74 6:30–7:15 pm

WED & FRI Sept 1–17 *Rain date Sept 22;*
No lesson Sept 3

ID# 730108-91 4:30–5:15 pm

ID# 730108-92 5:30–6:15 pm

Golf clinic with Michael Hebron (Ages 16 and older)

PREREQUISITE Participants must be a resident of Winnebago or Boone County. The clinic is free, however, pre-registration is required.

Join special guest instructor Michael Hebron (*PGA Master Professional and Author, Smithtown Landing Country Club, Smithtown, NY*) for this clinic which includes instruction and practice time on the driving range and putting green.

Aldeen Practice Centre 1902 Reid Farm Rd, Rockford

Golfers ages 16 and older **FREE!**

SUNDAY ID# 230112-00 June 6 • 1:00–3:00 pm

Golf rules clinic (All ages)

The rules of golf can be fun and very informative. This class will cover all the usual and most common rules. The class will finish with the fun, confusing rules, and an open forum.

Youth (ages 17 and under) \$5.00
 Adults (ages 18 and older) \$10.00

Elliot Golf Course (*clubhouse*)
 888 South Lyford Rd, Cherry Valley

WEDNESDAY April 7 • 6:00–7:30 pm
 ID# 230310-Y4 Ages 17 and under

ID# 230310-A4 Ages 18 and older

Ladies group lessons (Ages 18 and older)

Get your girlfriends together and have fun learning or improving your game! Classes will cover the fundamentals of the game, starting at the green and working back to the tee. Areas covered include putting, chipping, pitching, sand play, full swing, irons and woods, and specialty shots.

Aldeen Practice Centre 1901 Reid Farm Rd, Rockford

Resident \$55.00
 Non-resident \$65.00

TUES & THURS April 13–27 *Rain date April 29*
 ID# 730110-41 2:30–3:15 pm

ID# 730110-42 3:30–4:15 pm

WED & FRI Aug 11–25 *Rain date Aug 27*
 ID# 730110-81 1:00–1:45 pm

WED & FRI Sept 1–17 *Rain date Sept 22;*
no lesson Sept 3
 ID# 730110-91 3:30–4:15 pm

Half-day golf schools (Ages 18 and older)

A destination golf school experience at a fraction of the cost!

A low student/teacher ratio will ensure lots of personal attention. These golf schools will cover much more than the typical hour lessons, and will include golf course strategy and management, when to lay up short or when to go over hazards, getting out of trouble, along with swing mechanics in all areas of the game. Rules will also be incorporated into the golf school, and participants will be able to see before and after video analysis of their swings.

Resident \$110.00
 Non-resident \$130.00

Aldeen Practice Centre 1902 Reid Farm Rd, Rockford

TUES–FRI 9:00 am–12:00 pm
 ID# 730390-51 May 4–7
 Seniors ages 50 and older

ID# 730380-51 May 11–14
 Ladies ages 18 and older

Teachers & friends lessons (Ages 18 and older)

Designed for teachers and their friends to enjoy learning the game of golf. Instructed by Georgalee George, Park District *First Swing* Coordinator.

Elliot Golf Course 888 S Lyford Rd, Cherry Valley

Resident \$30.00
Non-resident \$40.00

WEDNESDAYS April 28–May 19 Rain date May 26

ID# 230101-W4 4:00–4:50 pm • Beginner

ID# 230101-W5 5:00–5:50 pm • Intermediate

ID# 230101-W6 6:00–6:50 pm • Beg/Intermediate

Aldeen Practice Centre 1901 Reid Farm Rd, Rockford

TUESDAYS ID# 230112-01

April 13–27 • 12:00–12:50 pm

THURSDAYS ID# 230112-02

April 15–29 • 12:00–12:50 pm

FRIDAYS ID# 230112-03

April 16–30 • 4:00–4:50 pm

WEDNESDAYS ID# 230112-04

May 19–June 2 • 3:00–3:50 pm

OSF St Anthony Center for Sports Medicine & Health Fitness 5510 E State St, Rockford

SATURDAYS 9:00–10:30 am

ID# 430112-01 Nov 6–20

ID# 530112-01 Dec 4–18

SATURDAYS 10:30 am–12:00 pm

ID# 430112-02 Nov 6–20

ID# 530112-02 Dec 4–18

Titleist golf conditioning (Ages 18 and older)

This program will combine the expertise of a *Titleist Performance Institute*-certified fitness instructor from OSF with the knowledge and skill of a Rockford Park District *PGA Professional* and -certified instructor. The classes are certain to equip the serious golfer with the training they need to achieve optimal physical performance, as well as gain valuable tips to improve their golf games. Each class of this 3 class series will consist of a warm up, trunk rotations and the lower body, mobility and stability activities for each specific topic, hand-on instruction by *TPI* fitness instructor, and technical training and drills taught by a *PGA* golf professional.

Resident \$70.00
Non-resident \$80.00

Adult specialty clinics (Ages 18 and older)

These individual classes cover all aspects of the golf game, and give more in-depth attention to specific areas such as putting, chipping, and more. With minimal commitment, you can attend when it's convenient for your schedule!

Aldeen Practice Centre
1902 Reid Farm Rd, Rockford

Resident \$17.00 per clinic
Non-resident \$20.00 per clinic

FRIDAY 5:30–7:00 pm
ID# 730112-41 April 16 Putt/chip

ID# 730112-42 April 23 Pitch/sand

ID# 730112-43 April 30 Irons

ID# 730112-51 May 7 Woods

ID# 730112-52 May 14 Trouble shots

ID# 730112-53 May 21 Putt/chip

SATURDAY 9:30–11:00 am
ID# 730112-61 June 5 Pitch/sand

ID# 730112-62 June 12 Irons

ID# 730112-63 June 19 Woods

ID# 730112-64 June 26 Full swing

PUTT/CHIP The putting segment will demonstrate the fundamental principle behind a sound putting stroke, while the chipping segment will emphasize the importance of the “*bump and run*” to lower scores.

PITCH/SAND Pitching will be covered at the green area. We will emphasize important points on how to hit the ball high and stop quickly. The sand segment will cover the techniques of the explosion shot around the green, and the fairway bunker shot with longer irons.

IRONS The proper grip, stance, posture, and alignment will be covered to start out the season at the driving range. There will also be an explanation of the different clubs and how they are used.

WOODS The proper grip, stance, posture, and alignment will be covered to start out the season at the driving range. There will also be an explanation of the different clubs and how they are used.

TROUBLE SHOTS We will cover those “*trouble shots*” that are often neglected on the practice tee. We will also cover explosion shots from the bunker, and short distance and fairway bunker shots at the chipping green.

FULL SWING The proper grip, stance, posture, and alignment will be covered to start out the season at the driving range. There will also be an explanation of the different clubs and how they are used.

Senior group lessons (Ages 50 and older)

It's never too late to learn or improve. After all, “Golf is the game of a lifetime.” Instruction will cover all areas of the game including putting, chipping, pitching, sand play, full swing, irons and woods, and specialty shots to make sure your fundamentals are solid.

Aldeen Practice Centre 1901 Reid Farm Rd, Rockford

Resident \$55.00

Non-resident \$65.00

TUES & THURS April 13–27 Rain date April 29

ID# 730111-41 10:00–10:45 am

ID# 730111-42 11:00–11:45 am

THURSDAYS May 27–June 24 Rain date July 1

ID# 730111-61 3:30–4:15 pm

WED & FRI Aug 11–25 Rain date Aug 27

ID# 730111-81 2:00–2:45 pm

WED & FRI Sept 1–17 Rain date Sept 22;
no lesson Sept 3

ID# 730111-91 2:30–3:15 pm

new! Free ladies clinics (Ages 18 and older)

Join us during *Women's Golf Month* for one of four free clinics focusing on full swing, putting or chipping/pitching. Pre-registration required.

Ladies (ages 18 and older) **FREE!**

LOCATION #1

Aldeen Practice Centre 1902 Reid Farm Rd, Rockford

TUESDAY Putting ID# 730112-L1
June 1 • 3:00–3:45 pm

FRIDAY Chipping ID# 730112-L3
June 18 • 12:00–12:45 pm

LOCATION #2

Elliot Golf Course 888 South Lyford Rd, Cherry Valley

THURSDAY Full swing ID# 730112-L2
June 10 • 5:00–5:45 pm

LOCATION #3

Ingersoll Learning Links 101 Daisyfield Rd, Rockford

WEDNESDAY Full swing ID# 730112-L4
June 23 • 2:30–3:15 pm

Private golf instruction

Duncan Geddes

Aldeen Head Golf Professional, PGA member
815-282-4653 ext 5

Steven D Moore

Rockford Park District Coordinator of Golf Instruction, PGA member, Certified PGA Instructor, Certified "The First Tee" Instructor
815-987-8843 office, 815-289-0667 cell

Lloyd McWilliams

PGA member, Certified PGA Instructor, and Phase I First Tee Coach • 815-621-2401

Todd Beckman

Aldeen Assistant Professional, PGA apprentice
815-282-4653 ext 6

Bart Gemborowski

Aldeen Assistant Professional
815-282-4653 ext 6

Private lesson packages (All ages)

6 FOR THE PRICE OF 5

D Geddes	\$350.00
T Beckman	\$325.00
B Gemborowski	\$275.00

4-HR LESSON SERIES

Consists of 4 hours of private instruction with Lloyd McWilliams. Includes video demonstration.

Youth (no video)	\$200.00
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4 LESSON SERIES

Consists of two 30-minute and two 60-minute private lessons with Steven D Moore. Includes video demonstration (see "Adult Private Lessons" for details).

S Moore	\$250.00
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SEASON OF PRIVATE LESSONS

Consists of one private lesson per week for the entire season with Steven D Moore. This package is designed for the serious golfer who is looking to take their game to the next level and beyond.

S Moore	\$1000.00
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Semi-private lessons (All ages)

Lesson size is limited to two participants, and run 30–60 minutes, varying by instructor.

D Geddes (60 min)	\$85.00
S Moore (30 min)	\$75.00
S Moore (60 min; includes video)	\$150.00
T Beckman (60 min)	\$85.00
B Gemborowski (60 min)	\$65.00
L McWilliams	\$60.00

Launch fitting (All ages)

A session with the launch monitor will find the perfect flex for you to maximize your distance.

S Moore	\$60.00
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Private lessons (Ages 18 and older)

Consist of one-on-one instruction for 30–60 minutes, varying by instructor. Includes a video demonstration of swing analysis, providing a visual concept of the student's technique and areas for improvement (unless otherwise noted).

D Geddes (45 min)	\$70.00
S Moore (30 min; no video)	\$40.00
S Moore (60 min)	\$90.00
L McWilliams (30 min; no video)	\$40.00
T Beckman (60 min)	\$65.00
B Gemborowski (45 min)	\$55.00

Youth private lesson (see below)

Consists of one-on-one instruction for 30 minutes; for high school age or younger only.

D Geddes	\$60.00
S Moore	\$35.00
L McWilliams	\$30.00

Club evaluations (All ages)

The lie, loft, and shaft of your clubs will be examined, and suggestions for swing improvement offered. An evaluation can be especially beneficial for those thinking of purchasing new clubs, or who have had recent dramatic changes in their swing (due to injury or other circumstances). 45 minutes in length.

D Geddes	\$65.00
T Beckman	\$45.00
B Gemborowski	\$45.00

Game enhancement series

Series includes four private lessons, one equipment evaluation, one short game test, two check-ups, and one 9-hole playing lesson (greens fees not included).

D Geddes	\$350.00
T Beckman	\$300.00
B Gemborowski	\$245.00

Check-up lesson review (15 min)	\$15.00
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Sunshine through golf (Ages 8 and older)

Designed for teens and adults with developmental disabilities, this program will get you movin' and swingin'! You'll have the opportunity to spend some time on the driving range, as well as on the 4-hole Learning Links course. A Rockford Park District golf instructor will help you develop or improve your golf skills. You do not need to bring your own clubs, however, walking shoes are recommended.

Resident/Non-resident. FREE!

Ingersoll Learning Links 101 Daisyfield Rd, Rockford

TUESDAYS	April 20–May 18 • 6:15–7:00 pm
ID# 206303-YG	Ages 8–12
ID# 206303-TG	Ages 13–17
ID# 206303-AG	Ages 18 and older

Adapted golf (Ages 18 and older)

Designed for youth and adults with a physical disabilities. Beginner and intermediate golfers can learn all phases of golf at their own pace. Class includes time on the driving range and play on the 4-hole Learning Links. Golfers may prefer to hit balls from a standing position, or swing out upright golf carts. Instructed by PGA Professionals.

Ingersoll Learning Links 101 Daisyfield Rd, Rockford

Included in Adapted Sports annual membership fee

TUESDAYS	ID# 306303-01
June 15–July 20 • 6:00–6:45 pm	

TUESDAYS	ID# 306303-02
July 27–Aug 31 • 6:00–6:45 pm	

Rockford Park District golf courses

Aldeen Golf Club and Practice Centre

1902 Reid Farm Rd
815-282-4653, x3 for reservations
815-282-4653, x4 for Practice Centre

Elliot Golf Course

888 S Lyford Rd • 815-332-5130

Ingersoll Golf Course and Learning Links

101 Daisyfield Rd • 815-987-8834

Sandy Hollow Golf Course

2670 Sandy Hollow Rd • 815-987-8836

Sinnissippi Golf Course

1401 N Second St • 815-987-8838

Tiger Cub Club (Ages 5–7)

An introduction to golf through fun and game based learning. This class is designed to fit the 5–7 year-olds' attention span.

Resident \$40.00
 Non-resident \$50.00

LOCATION #1

Elliot Golf Course 888 S Lyford Rd, Cherry Valley

THURSDAYS April 15–May 6
 ID# 730103-14 4:00–4:45 pm
 Rain date May 13

SATURDAYS May 15–June 12
 Rain date June 19; No class May 29
 ID# 730103-15 9:00–9:45 am

ID# 730103-25 10:00–10:45 am

ID# 730103-35 11:00–11:45 am

SATURDAYS Aug 7–21
 No class Sept 4
 ID# 730103-83 9:00–9:45 am

ID# 730103-84 10:00–10:45 am

SATURDAYS Sept 11–Oct 2
 Rain date Oct 9
 ID# 730103-91 10:00–10:45 am

ID# 730103-92 11:00–11:45 am

LOCATION #2

Ingersoll Learning Links 101 Daisyfield Rd, Rockford

SATURDAYS April 10–May 1
 Rain date May 8
 ID# 730103-41 10:00–10:45 am

ID# 730103-42 11:00–11:45 am

ID# 730103-43 12:00–12:45 pm

ID# 730103-44 1:00–1:45 pm

TUESDAYS April 13–May 4
 ID# 730103-45 4:00–4:45 pm
 Rain date May 11

FRIDAYS May 14–June 4
 Rain date June 11
 ID# 730103-51 3:00–3:45 pm

ID# 730103-52 4:00–4:45 pm

FRIDAYS June 25–July 23
 Rain date July 30; no lesson July 2
 ID# 730103-61 1:00–1:45 pm

ID# 730103-62 2:00–2:45 pm

ID# 730103-63 3:00–3:45 pm

TUESDAYS June 29–July 20
 Rain date July 27
 ID# 730103-64 4:00–4:45 pm

ID# 730103-65 5:00–5:45 pm

TUESDAYS Aug 3–24
 Rain date Aug 31
 ID# 730103-81 4:00–4:45 pm

ID# 730103-82 5:00–5:45 pm

Tiger Cub Club Plus (Ages 5–7)

PREREQUISITE Participants must have completed at least two previous Tiger Cub Club sessions.

Designed for the more experienced *Tiger Cub Club* player, these sessions include playing time on the Ingersoll Learning Links course.

Ingersoll Learning Links 101 Daisyfield Rd, Rockford

Resident \$40.00
 Non-resident \$50.00

TUESDAYS April 13–May 4
 Rain date May 11
 ID# 730103-4A 5:00–5:45 pm

TUESDAYS May 18–June 8
 Rain date June 15
 ID# 730103-5A 4:00–4:45 pm

ID# 730103-5B 5:00–5:45 pm

FRIDAYS June 25–July 23
 Rain date July 30
 ID# 730103-6A 4:00–4:45 pm

Youth group lessons (Ages 8–17)

Have fun and make new friends while learning the fundamentals of golf (*with an emphasis on "fun"*). Classes will cover putting, chipping, pitching, sand shots, and the full swing with irons and woods. Golf course etiquette and care will be emphasized throughout the entire program.

Resident \$50.00
 Non-resident \$60.00

LOCATION #1

Aldeen Golf Club 1902 Reid Farm Rd, Rockford

SATURDAYS April 10–May 8
 Rain date May 15
 ID# 730107-41 Ages 8–9 9:00–9:45 am

ID# 730107-42 Ages 10–11 10:00–10:45 am

ID# 730107-43 Ages 12–17 11:00–11:45 am

THURS/FRI June 11, 18, 25; July 2, 8
 Rain date July 15

ID# 730107-61 Ages 8–9 9:00–9:45 am

ID# 730107-62 Ages 10–12 10:00–10:45 am

ID# 730107-63 Ages 13–17 11:00–11:45 am

FRIDAYS July 9–Aug 6
 Rain date Aug 13
 ID# 730107-71 Ages 8–9 9:00–9:45 am

ID# 730107-72 Ages 10–12 10:00–10:45 am

ID# 730107-73 Ages 13–17 11:00–11:45 am

SATURDAYS Aug 21–Sept 25
 Rain date Oct 2; no lessons Sept 4

ID# 730107-81 Ages 8–9 9:00–9:45 am

ID# 730107-82 Ages 10–12 10:00–10:45 am

ID# 730107-83 Ages 13–17 11:00–11:45 am

LOCATION #2

Ingersoll Learning Links 101 Daisyfield Rd, Rockford

SATURDAYS April 10–May 8
 Rain date May 15
 ID# 730105-42 Ages 8–17 2:00–2:45 pm

FRIDAYS May 14–June 11
 Rain date June 18
 ID# 730105-51 Ages 8–11 5:00–5:45 pm

ID# 730105-52 Ages 12–17 6:00–6:45 pm

LOCATION #3

Elliot Golf Course 888 S Lyford Rd, Cherry Valley

THURSDAYS April 15–May 13
 Rain date May 20
 ID# 730104-41 Ages 8–11 5:00–5:45 pm

ID# 730104-42 Ages 12–17 6:00–6:45 pm

WEDNESDAYS May 26–June 23
 Rain date June 30
 ID# 730104-61 Ages 8–11 6:00–6:45 pm

ID# 730104-62 Ages 12–17 7:00–7:45 pm

THURSDAYS May 27–June 24
 Rain date July 1
 ID# 730104-63 Ages 8–11 6:00–6:45 pm

ID# 730104-64 Ages 12–17 7:00–7:45 pm

THURSDAYS July 8–Aug 5
 Rain date Aug 12
 ID# 730104-71 Ages 8–11 6:00–6:45 pm

ID# 730104-72 Ages 12–17 7:00–7:45 pm

THURSDAYS Sept 9–Oct 7
 Rain date Oct 14
 ID# 730104-91 Ages 8–11 4:30–5:15 pm

ID# 730104-92 Ages 12–17 5:30–6:15 pm

SATURDAYS Sept 11–Oct 9
 Rain date Oct 16
 ID# 730104-93 Ages 8–17 12:00–12:45 pm

Clubs for Kids Clinic with Michael Hebron (Ages 8–15)

PREREQUISITE Participants must be a resident of Winnebago or Boone County; ages as of Sept 1.

Instruction will include chipping, putting, and practice on the driving range with special guest instructor Michael Hebron, *PGA Master Professional* and *Author Smithtown Landing Country Club* in Smithtown, NY. Other instructors include Aldeen PGA staff, volunteers from *Rockford Women's Golf Association*, high school golf coaches, and Park District instructors.

Ingersoll Learning Links 101 Daisyfield Rd, Rockford

Youth ages 8–15 **FREE!**

SUNDAY ID# 230114-00
 June 6 • 9:00–11:00 am

Think Golf (Ages 10–17)

PREREQUISITE Must be residents of Boone or Winnebago county.

Geared for youth, these 25-minute indoor lessons will get players ready to *think golf*. Adults may attend with their player(s). Online registration is only available to 10- to 17-year olds; parents may call 815-987-8800 to enroll after they have registered their player online. Registration is limited to two sessions per person.

Seaver Gym, Rockford College 5050 E State St, Rockford

Boone/Winnebago County residents **FREE!**

SATURDAY Feb 20	WEDNESDAY March 10
ID# 130102-31 1:00–1:25 pm	ID# 130102-81 4:30–4:55 pm
ID# 130102-32 1:30–1:55 pm	ID# 130102-82 5:00–5:25 pm
ID# 130102-33 2:00–2:25 pm	ID# 130102-83 5:30–5:55 pm
ID# 130102-34 2:30–2:55 pm	ID# 130102-84 6:00–6:25 pm
ID# 130102-35 3:00–3:25 pm	ID# 130102-85 6:30–6:55 pm
WEDNESDAY Feb 24	SATURDAY March 13
ID# 130102-41 4:30–4:55 pm	ID# 130102-91 1:00–1:25 pm
ID# 130102-42 5:00–5:25 pm	ID# 130102-92 1:30–1:55 pm
ID# 130102-43 5:30–5:55 pm	ID# 130102-93 2:00–2:25 pm
ID# 130102-44 6:00–6:25 pm	ID# 130102-94 2:30–2:55 pm
ID# 130102-45 6:30–6:55 pm	ID# 130102-95 3:00–3:25 pm
SATURDAY Feb 27	WEDNESDAY March 17
ID# 130102-51 1:00–1:25 pm	ID# 230102-01 4:30–4:55 pm
ID# 130102-52 1:30–1:55 pm	ID# 230102-02 5:00–5:25 pm
ID# 130102-53 2:00–2:25 pm	ID# 230102-03 5:30–5:55 pm
ID# 130102-54 2:30–2:55 pm	ID# 230102-04 6:00–6:25 pm
ID# 130102-55 3:00–3:25 pm	ID# 230102-05 6:30–6:55 pm
WEDNESDAY March 3	SATURDAY March 20
ID# 130102-61 4:30–4:55 pm	ID# 230102-11 1:00–1:25 pm
ID# 130102-62 5:00–5:25 pm	ID# 230102-12 1:30–1:55 pm
ID# 130102-63 5:30–5:55 pm	ID# 230102-13 2:00–2:25 pm
ID# 130102-64 6:00–6:25 pm	ID# 230102-14 2:30–2:55 pm
ID# 130102-65 6:30–6:55 pm	ID# 230102-15 3:00–3:25 pm

PGA Medalist Boys Golf program (Ages 10–17)

These programs are designed for ages 10–17 (*as of Sept 1*), and are instructed by PGA members and volunteers. Check-in starts 15 minutes before each class; please meet at the Learning Links gazebo. All classes begin at the designated time.

Ingersoll Learning Links 101 Daisyfield Rd, Rockford

Resident	\$105.00
Non-resident	\$135.00

Ages 10–12

Each session includes a 90-minute clinic, a round of supervised golf on the Learning Links, snacks, light lunch, and prizes.

WEDNESDAYS June 23–Aug 4 No session July 7
ID# 730119-01 10:00 am–1:00 pm

Ages 13–17

Each session includes a 90-minute clinic, a round of supervised golf on the Ingersoll front nine, snacks, light lunch, and prizes.

WEDNESDAYS June 23–Aug 4 No session July 7
ID# 730119-11 8:00 am–1:00 pm

Youth golf camp (Grades 1–12)

Open to boys and girls in grades 1–12, this four-day camp focuses on fundamental instruction. On Friday, we'll play on the course. Instructed by PGA members and coordinated by Mike Johnson, Christian Life High School Head Golf Coach.

Ingersoll Learning Links 101 Daisyfield Rd, Rockford

Resident	\$65.00
Non-resident	\$75.00

TUES–FRI June 15–18	
ID# 330300-11 Gr 1–3 • 8:00–9:30 am Tues–Thurs; 7:30–10:00 am Fri	
ID# 330300-21 Gr 4–6 • 9:45–11:15 am Tues–Thurs; 7:30–10:00 am Fri	
ID# 330300-31 Gr 7–12 • 11:30 am–1:00 pm Tues–Thurs; 9:00–11:00 am Fri	

Youth specialty clinics (Ages 8–17)

Attend one or all! These individual classes cover all aspects of the golf game, and give more in-depth attention to specific areas such as putting, chipping, and more.

Resident	\$12.00 per clinic
Non-resident	\$14.00 per clinic

Aldeen Practice Centre 1902 Reid Farm Rd, Rockford

SATURDAY 11:30 am–12:15 pm			
ID# 730106-02 June 5 • putting	ID# 730106-04 June 19 • woods		
ID# 730106-03 June 12 • irons	ID# 730106-05 June 26 • full swing		

CHIPPING This class will emphasize the importance of the “*bump and run*” to lower scores.

PITCHING Pitching will be covered at the green area. We will emphasize important points on how to hit the ball high and stop quickly.

PUTTING This class will demonstrate the fundamental principle behind a sound putting stroke.

IRONS The proper grip, stance, posture, and alignment will be covered to start out the season at the Vdriving range. There will also be an explanation of the different clubs and how they are used.

WOODS The proper grip, stance, posture, and alignment will be covered to start out the season at the driving range. There will also be an explanation of the different clubs and how they are used.

FULL SWING The proper grip, stance, posture, and alignment will be covered to start out the season at the driving range. There will also be an explanation of the different clubs and how they are used.

Youth golf programs continued on next page

LPGA-USGA Girls Golf program (Ages 7–17)

Operated in cooperation with the *Rockford Women's Golf Association*, these programs are designed for girls ages 7–17 (as of Sept 1). Each girl will receive a membership kit including a membership card (which allows entrance into any LPGA tournament) and other golf goodies. All classes are instructed by PGA members and RWGA volunteers, and begin at the designated time. All participants must complete the LPGA-USGA Girls Golf application and pay the \$10.00 membership fee before registering for the program (these forms must be sent to Golf Services within 1 day).

Ingersoll Learning Links 101 Daisyfield Rd, Rockford

LPGA-USGA membership fee (required)..... \$10.00

Ages 7–9

Girls who register for at least two classes will receive a LPGA-USGA Girls Golf youth t-shirt. Check-in starts 15 minutes before each class; please meet at the clubhouse. Girls will participate in a 90-minute clinic, a round of supervised golf on the Learning Links, snacks, light lunch, and prizes.

Resident..... \$6.00
Non-resident..... \$8.00

TUESDAYS	1:30–2:30 pm
ID# 730113-02	June 22
ID# 730113-03	June 29
ID# 730113-04	July 6
ID# 730113-05	July 13
ID# 730113-07	July 27
ID# 730113-09	Aug 10

Ages 10–12

Girls who register for at least two classes will receive a LPGA-USGA Girls Golf womens polo shirt. Check-in starts 15 minutes before each class; please meet at the Learning Links gazebo. Girls will participate in a 90-minute clinic, a round of supervised golf on the Learning Links, snacks, light lunch, and prizes.

Resident..... \$17.50
Non-resident..... \$22.50

TUESDAYS	10:00 am–1:00 pm
ID# 730113-12	June 22
ID# 730113-13	June 29
ID# 730113-14	July 6
ID# 730113-15	July 13
ID# 730113-17	July 27
ID# 730113-19	Aug 10

Ages 13–17

Girls who register for at least two classes will receive a LPGA-USGA Girls Golf womens polo shirt. Check-in starts 15 minutes before each class; please meet at the Learning Links gazebo. Girls will participate in a 90-minute clinic, a round of supervised golf on the front nine at Ingersoll, snacks, light lunch, and prizes.

Resident..... \$17.50
Non-resident..... \$22.50

TUESDAYS	8:00 am–1:00 pm
ID# 730113-22	June 22
ID# 730113-23	June 29
ID# 730113-24	July 6

ID# 730113-25	July 13
ID# 730113-27	July 27
ID# 730113-29	Aug 10



101 Daisyfield Rd, Rockford

Cashier/starter 815-987-8834 • Golf shop/restaurant 815-987-8887

HOURS OF OPERATION (April–Oct)

Sun 1:00–5:00 pm • Wed 4:00–7:00 pm (June 16–Aug 11 only)

Fri 9:00 am–12:00 pm (June 18–Aug 13 only)

NOTE Course will be closed during official tournaments and lesson programs.

Dedicated in 2004, Ingersoll Learning Links is a 4-hole golf course with holes ranging from 60 yds to 105 yds (when played with regular golf balls). The Learning Links is the perfect place for families with children of all ages to have fun playing the game of golf. Adults can level the playing field for a more competitive experience by using Cayman or “Almost Golf” balls to lengthen the Learning Links.

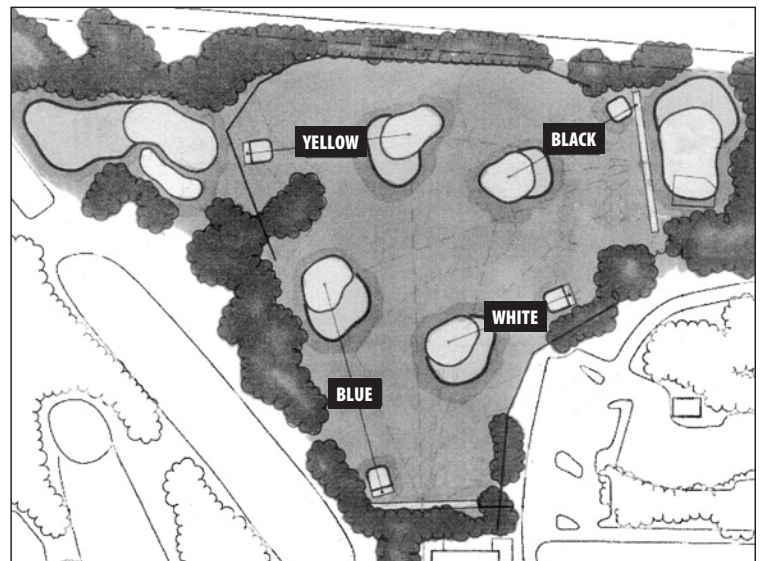
Don't let the lack of equipment stop you from enjoying the Learning Links. Clubs in all sizes and balls are available to use free of charge.

LEARNING LINKS FEES

Youth (ages 17 and under)..... \$1.00
Adult (ages 18 and older)..... \$3.00
Adult accompanied by youth..... \$1.00
Park District permit holders..... FREE!

HOLE YARDAGE CHART

HOLE	TYPE OF BALL		
	Regular	Cayman	Almost Golf
Blue	105	205	270
Yellow	76	160	220
Black	69	150	200
White	60	120	180





PROGRAM REGISTRATION FORM

HEAD OF HOUSEHOLD

HH ID# / Household ID# _____

Last name _____ First _____

Home phone _____ Work phone _____ Cell phone _____

How did you find out about our program(s)? billboard e-newsletter friend/relative magazine newspaper other radio TV web site

PARTICIPANT INFORMATION

FIRST & LAST NAME	PROGRAM ID#	PROGRAM TITLE	FEE
			\$

 Yes! I would like to make a donation to the RPD Fee Assistance program to aid kids who need financial help to participate in RPD programs. \$Will participant(s) need to take medication during program hours? Yes No

If yes, please request the Permission to Administer Medication Form.

TOTAL

PAYMENT INFORMATION

Credit card # _____ Exp date _____ Total of all fees \$ _____

Signature (Authorization for credit card use) _____

PLEASE READ THE WAIVER & CONDITIONS FOUND ON THE BOTTOM OF THIS FORM. THIS FORM IS NOT CONSIDERED COMPLETE UNTIL ALL NECESSARY INFORMATION HAS BEEN PROVIDED.**WAIVER & RELEASE** I have read and agree to all the terms and conditions as stated on the bottom of this form.

Participant's name (PLEASE PRINT) _____

Parent/guardian or adult participant signature _____ Date _____

PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian and date are not on this waiver.

CUSTOMER SERVICE 815-987-8800 (TTY, 888-871-6171)

PROGRAM & ACTIVITY FORM

WARNING OF RISK

Golfing is an activity intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury. Understandably, not all hazards and dangers can be foreseen. Risks attendant to golfing include poor conditioning or technique, being struck by a golf ball or club, being struck by lightning, slipping on wet surfaces, slip and falls associated with the choice of spikes, accidents with golf carts, inconsiderate play, horseplay, defects in course design, tripping over sprinkler heads, and ruts/holes/depressions in the grass. In this regard, it must be recognized that it is impossible for the Rockford Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/ activity against the Rockford Park District, including its officials, agents, volunteers and employees (hereinafter collectively referred to as "District"). I do hereby fully release and forever discharge the District from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity.

PHOTO/VIDEO AUTHORIZATION, CONSENT AND RELEASE OF ALL CLAIMS

I hereby authorize and give my consent to the District to photograph/video me and my minor child/ward, and without limitation, to use such photographs/video in connection with promoting/advertising the services, programs, and facilities of Rockford Park District without consideration of any kind. Such productions may be copied, copyrighted, edited, and distributed by the District in the manner described above.

I understand that my and my minor child's/ward's name, likeness, or voice may be used in the manner described above, and grant the Rockford Park District the right to use and reuse, in any manner at all, the video, motion picture, audio recording, web page, social media pages, or still photograph productions, and broadcasts as described above. I hereby waive any and all rights that my minor ward/child and I may have to examine or approve the finished product or products that contain the photograph/video of me or my minor ward/child and/or the advertising copy or printed matter that may be used in connection therewith or the use to which it may be applied. I hereby forever release and discharge the Rockford Park District from any and all claims, actions and demands arising out of or in connection with the use of said video, motion picture, audio recording, web page, social media page, or still photograph, including, without limitation, any and all claims for invasion of privacy and libel. This release shall inure to the benefits of the assigns, licenses and legal representatives of the Rockford Park District, as well as the party(ies) for whom the Rockford Park District took the video, motion picture, audio recording, web page, social media page, or still photograph.

OFFICE USE ONLY

Reg Clk _____ date _____

YOUTH **golf** PROGRAMS

Youth golf program goals

The primary goal is to expose youth to all aspects of the game while promoting and educating them to become the future leaders of golf.

To accomplish this goal, the youth golf program will strive to meet the following objectives:

1. To create a positive environment so everyone can enjoy the game of golf.
2. Seek commitment to the program as a way to enhance the traditions and future of Rockford Park District golf.
3. Provide an educational program to help youth learn swing fundamentals, rules of the game, course etiquette, and the spirit of competition and fair play.
4. Encourage participation in golf at the high school level and in all local, state, and national youth tournaments.
5. Most importantly, instill the qualities of character that reach beyond the game, and develop the understanding that golf should be fun and is indeed the game of a lifetime.

Parent/guardian's responsibilities

1. Make sure to arrive on time for scheduled class sessions. Participants must be checked in and out of every session by a parent/guardian. Please check in 5–10 minutes prior to each class.
2. Make sure equipment is properly tagged with the golfer's information. Mailing labels or shaft labels with name, address, and phone number are suggested.
3. Spend time on the course with your golfer, practicing and reinforcing what's learned during sessions.

Four convenient ways to register

ONLINE • rockfordparkdistrict.org

MAIL-IN

Rockford Park District Customer Service • 401 S Main St STE 109 • Rockford, IL 61101-1321

FAX (*credit card payments only*) • 815-987-8877

IN PERSON

Customer Service • Rockford Park District, WNC • 401 S Main St, Rockford

Mon–Fri, 8:30 am–5:00 pm

Customer Service Satellite Office, • Carlson Ice Arena • Perryville and Riverside, in Loves Park

Mon–Fri, 8:00 am–8:00 pm • Sat, 8:00 am–12:00 pm

You may also register for programs at their respective locations during their business hours.

Registration questions? Call RPD Customer Service at 815-987-8800 (TTY, 888-871-6171).

Register early!

Classes with low enrollment one week prior to start may be cancelled. Registration ends one week prior to the start date of any program unless otherwise noted. Late registrations accepted on a case-by-case basis.

Fee assistance

"Fun For All Kids" is available to residents for these programs. Call 815-987-8800 for more information.

Payment options

Payment is required at the time of registration. We accept cash, local personal checks, credit cards (*Visa, MasterCard, and Discover Card only*) and debit cards on which the VISA or MasterCard logo appears. Please make checks payable to **ROCKFORD PARK DISTRICT**.

- ☑ We welcome the opportunity to assist guests with disabilities to enjoy ALL our facilities, programs, and services. For assistance and information on accessibility, contact Customer Service at 815-987-8800 (TTY, 888-871-6171).

Safety rules

1. Make sure no one is near you when you swing, or ahead of you where your shot might hit them.
2. Always walk off the back of the green to the next tee when play is completed.
3. Never throw or bang clubs on the ground.
4. Yell "FORE" if a ball is headed toward another player.
5. Never walk in front of someone about to hit a ball, or directly behind someone swinging a club.
6. Youth under age 18 are not permitted to operate golf carts.

Course use and care

1. Follow published golf course rules.
2. Avoid taking divots when taking practice swings, and always replace your divots after the shot is made.
3. Repair all ball marks on the green.
4. Be careful when removing and replacing the flagstick so as not to damage the putting green.
5. Do not run on greens or walk through the bunkers.
6. Do not leave your golf bag on the green or in the bunker.
7. Always rake footprints in the bunker.
8. Do not bring "pull carts" on or close to the green.

GOLF Etiquette

1. Play without delay. Hit when the players ahead are clear.
2. If a ball is lost, let players behind play through. Look for the lost ball for only five minutes.
3. If there is an open hole in front, let the players behind play through.
4. Remain quiet and stand still while other players are addressing and hitting their shots.
5. Mark your ball when on the green.
6. Be ready to play when it is your turn.



**ROCKFORD
PARK DISTRICT**

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