



ATWOOD ENVIRONMENTAL CENTER

Environmental Recreation & Education
**Information and Reservation
Application**

2009-2010 School Year

ATWOOD ENVIRONMENTAL CENTER

Excellence in environmental education and recreation since 1957

2685 New Milford School Road • Rockford, IL 61109

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www.atwoodpark.org



ATWOOD ENVIRONMENTAL CENTER

Atwood Environmental Center is a facility of the



ROCKFORD PARK DISTRICT

About Atwood Environmental Center Mission Statement

To develop in young people and adults, an understanding and respect for self, others, the earth, and all their interrelationships.

About Atwood Environmental Center

A facility of the Rockford Park District, Seth B. Atwood Park contains 334 acres of land with approximately one mile of the Kishwaukee River flowing through it. The park contains a variety of ecosystems, ranging from new forest growth to climax forests of oak, hickory and walnut, from a marsh area to a large quarry, from a restored prairie to a dry creek bed where students and campers can look for fossils. The New Milford Cemetery is adjacent to the park.

The lodge is winterized and consists of a large glassed-in dining hall complete with a stone fireplace and a beautiful view of the park, two classrooms, nature display area, a kitchen, two dormitories, separate bathrooms and showers, and private teachers' sleeping rooms and baths. Its overnight capacity is 75 students and four teachers and/or adult chaperons.

History of Seth B. Atwood Park

Seth B. Atwood Park is unique in that it was once part of an Army training facility known as Camp Grant. Established in 1917, it was one of the largest military training facilities during World War I. Bunkers, target pits, and trenches of that era may still be explored at the park.

Between 1933 and 1935, the Civilian Conservation Corps (CCC) planted trees and built shelters throughout the park. During World War II, Camp Grant served as an induction center, provided Army basic training, and trained medical corpsmen. It also housed 2,500 prisoners of war.

After WWII, much of the Camp Grant property became the Chicago/Rockford International Airport. However, the rifle range was purchased by industrialist and philanthropist Seth B. Atwood, who donated it to the Rockford Park District in 1956.

In 1957, the Park District began a resident program at the Atwood log lodge. The original log lodge was later destroyed by a fire in 1978. In 1960, the new Atwood Park lodge was

completed, and the first classroom groups came to study and learn about the out-of-doors.

In 1962, the Rockford Board of Education took over the operation of the outdoor education program and continued until 1976 when, due to financial difficulties, the program was discontinued. In the spring of 1977 the Rockford Park District resumed the operation and began the Atwood Environmental Center program. During the 2008-09 school year, approximately 4,000 students grades 5-12 will take part in this important segment of their education.

Staff and Facility Credentials

Qualified program leaders facilitate all activities at the Center. The entire program is under the supervision of an experienced program director and administrative staff.

All staff members are trained and proficient in safety areas including First Aid, CPR, and Automatic External Defibrillator.

The Rockford Park District performs criminal background checks for all applicants for all positions. All employees working in safety-sensitive positions are subject to random drug and alcohol testing.

Program staff members are fully trained and certified by:



The Atwood Environmental Center is licensed and inspected by:

- Illinois Department of Public Health
- Winnebago County Health Department
- American Camp Association



Our Residential Environmental Education Programs

We believe that environmental education of young people will make a difference in the health and sustainability of the earth and its inhabitants.

The Atwood Environmental Education program coordinates high quality outdoor experiences with existing Illinois Board of Education state learning standards.

Residential Environmental Education sessions can be scheduled for 1½ or 2½ days. **Maximum group size is 75 students per session.** Larger groups may opt to split into two sessions. In that instance, we recommend reserving an entire week with a Monday-

Wednesday 2½ day session (Group 1) and a Wednesday-Friday 2½ day session (Group 2). This arrangement helps reduce bus transportation expenses. Monday-Wednesday sessions will begin Monday at 10:00 AM and end after an 11:30 AM lunch on Wednesday. Wednesday-Friday sessions will begin Wednesday at 1:00 PM and end after lunch at noon on Friday. Out-of-district schools may opt to have an 11:30 AM lunch on Friday to accommodate the longer bus ride. Out-of-district schools with groups attending both Monday-Wednesday and Wednesday-Friday may want to participate in the early arrival with sack lunch option on Wednesday to allow sharing of buses.

The professional staff at Atwood administers the daily and evening programs with the assistance of the classroom teachers. We also provide one overnight building supervisor.

With groups totaling less than 48 students, we reserve the right to schedule another small group to attend at the same time, not to exceed 75 students total. This will help avoid a long waiting list of schools wishing to participate in the program. In the event of a long waiting list, schools may be asked to schedule 75 students in each session to reduce the total number of sessions needed. We reserve the right to rearrange dates (during same time of year) to facilitate efficient scheduling.

Curriculum Objectives

- 1) Promote an understanding of human impact upon and relationship with their environment.
- 2) Expand the students' knowledge in subject areas which are essential to understanding the natural environment.
- 3) Instill a sense of responsibility, cooperative spirit, and social growth through a community living experience.
- 4) Create an experiential program that emphasizes a hands-on learning approach.
- 5) Challenge both the mental and physical capabilities of each student through the use of outdoor recreation skills and activities designed to accentuate the vast opportunities for enjoyment in a natural environment.
- 6) Design a learning experience that incorporates multi-disciplinary goals and objectives, and a total resident program integrated in nature.
- 7) Serve as an outside extension of planned classroom studies, including the utilization of this experience.
- 8) Incorporate classroom teacher input in selection of units to provide a relevant experience for students.

Curriculum Guidelines

To encourage a well-rounded curriculum that emphasizes the environmental sciences, we have developed some guidelines. The Atwood units are divided into the following categories: "ENVIRONMENTAL SCIENCE - CATEGORY A," and "INTERDISCIPLINARY - CATEGORY B." Below is a chart that matches the Atwood units to their category to aid in easy identification. Course selection simply involves choosing at least half the units from Category A and the remaining units from Category B. This method of selection allows for personal choice, emphasizing studies of the natural world.

For the average 2½ day program, please choose four classes, two from each category, and one alternative unit. Almost all units require a prep time of approximately 20 minutes, except Predator/Prey and Problem Solving (Land Auction) which require approximately 45 minutes of prep time. Problem Solving is strictly an indoor activity, which makes it a great inclement weather alternative. Native American, Nature & Arts, and Water Wheel also adapt well as indoor experiences.

Environmental Science - Category A		
Birding	Forestry	Predator/Prey Relationships
Conservation	Geology	Problem Solving
Environmental Issues	Insects	River Study
Field Science	Nature & Arts	Water Wheel
Interdisciplinary - Category B		
Cross-Country Skiing	Initiative Games	Outdoor Living Skills
Electives	Map & Compass	Social Studies
Prairie-Field Study	Native American	Teams Course

Residential Program Classes

In order to provide for your curriculum requests and identify special needs, prior to your visit we will request you complete the ATWOOD/SCHOOL SCHEDULE PLANNER. You will receive instructions to well in advance of your scheduled visit.

NOTE: Due to extra cost of acquiring special presenters and the expense of program materials, an additional fee is charged for some courses. Any additional charges are noted below each course description.

Class Descriptions Environmental Science - Category A	State Standards	
	Early Elementary	Late Elementary/ Middle School
<p>Birding</p> <p>Bird feeders just outside the large dining hall and classroom windows of the lodge attract many types of migratory birds seldom seen in the city. This often enhances student interest and is an excellent starting point for the study of ornithology. Activities could include field observation, study of our birds of prey (including a bald eagle, red-tailed hawk, great horned owl, kestrel and screech owl, among others), as well as games that teach bird behavior, bird anatomy, songs and calls, or the examination of nests and nesting areas. Bring your binoculars.</p>	12.A.1 12.B.1 25.A.1	12.A.2 12.A.3 12.B.2 12.B.3 25.A.2
<p>Conservation</p> <p>Students have found it rewarding to spend a portion of time during their stay at Atwood improving the park environment. After learning about human responsibility for the environment, students can spend time doing practical activities such as litter collection, trail improvement, or prairie restoration. This unit offers good follow-up to reinforce the concept by having students actually improve or preserve an area themselves.</p>	12.B.1 13.B.1 17.C.1	12.B.2 12.B.3 12.E.2 13.B.2 13.B.3 17.B.2 22.C.2 22.C.3

Class Descriptions Environmental Science - Category A	State Standards	
	Early Elementary	Late Elementary/ Middle School
<p>Environmental Issues</p> <p>"Think Globally, Act Locally" is a current motto in the environmental movement. Awareness is a first step in becoming involved in environmental issues. "All Things In Nature Are Connected" – this concept defines ecology and forms the basis for our unit. Mesh together an understanding of the "Web of Life" awareness of key issues and gain a better educated consumer. Progressive simulation activities, identification of natural resources, native habitat, as well as aesthetic hikes, will help the student think green.</p>	12.A.1 12.B.1 13.B.1 16.E.1 22.C.1	12.A.2 12.B.2 12.B.3 13.B.2 13.B.3 16.E.2 22.C.2 22.C.3
<p>Field Science</p> <p>Animal study, birding, geology, river study, and Native American studies – if they all sound good, maybe field science is the class for your group. This unit incorporates a wide variety of topics that complement the season, current events in the park, and the instructors' expertise. Students gain an understanding of the interrelationships between man, plants and animals through concept games, activities, and their investigations. Have the students prepare to hike, as this class covers a lot of ground as we familiarize ourselves with the natural attractions at Atwood.</p> <p>Plants play an important role in the continuation of all life forms on this planet. Many seldom-found wild flowers and plants flourish here. Investigating these gives students a firsthand appreciation for their survival, allowing them to see the importance of plant survival in relation to man's survival, and how this is endangered daily.</p> <p>With many types of habitat areas found at Atwood Park, a number of animal species have chosen this area as their home. In our study, we may investigate the homes, tracks, and other evidence these animals leave behind. Other unit possibilities are learning about animal behavior and adaptations.</p> <p>Field Science allows no critter that swims, crawls, rolls, hops, walks, runs or flies to be safe from our investigative senses, day or night. Bring your magnifying glass and binoculars.</p>	12.B.1 16.E.1 17.B.1 22.C.1	12.A.2 12.A.3 12.B.2 12.B.3 13.B.2 13.B.3 17.B.2 22.C.2 22.C.3
<p>Forestry</p> <p>Forests are more than just trees-they're something none of us can live without. Understanding why forests are important, and what we all can do to keep them for many lifetimes are the keys. Students will have a wide variety of learning experiences which may include sensory activities, concept games, and tree identification of various forest types. Maple syruping occurs in March, conditions permitting.</p>	11.A.1 12.A.1 12.B.1 17.C.1	12.B.2 12.B.3 12.E.2 13.B.2 13.B.3

Class Descriptions Environmental Science - Category A	State Standards	
	Early Elementary	Late Elementary/ Middle School
Geology Basic rock types, fossils, effects of glaciation, soil erosion, and weathering are all included in this unit. Atwood Park has many fine examples of sedimentary layering, as well as a dry creek bed appropriately named "Fossil Creek." Take an imaginary journey back in time to when the earth was young, or maybe become a rock hound for a day. Students are fascinated with this class.	12.E.1 12.C.1	12.E.2 12.E.3 12.C.2
Insects The meadows and prairies are buzzing. Explore the source of this and other commotion made by our Northern Illinois insects. Autumn is prime time to enjoy the color of butterflies and moths, examine galls, and marvel at these adaptable creatures. Get up close and personal using humane collection techniques, bug boxes and hand lenses. Observation extends into topics such as anatomy, life cycles, habitat and migration. <i>NOTE: This unit is offered in September, October, and May only.</i>	12.A.1 12.B.1 12.D.1 25.A.1 26.B.1	12.A.2 12.A.3 12.B.2 12.B.3 26.B.2 27.B.3
Nature and the Arts Nature supplies the sights, sounds, aromas and experiences that speak to our hearts on a daily basis. This class allows for expression in the areas of poetry, drama, and visual arts. What a rich source to inspire our future artists! Take in a breath of inspiration visiting places of beauty, experiencing the prairie humming with insects, the oak-hickory forest, the great blue herons on the river bank, the meadow and the marsh. Respond in the form of Haiku poetry, sketches, black walnut dyed fabric art, a song, cemetery rubbings, and other art forms. Medium selection is dependent on weather and season. <i>NOTE: Additional charge of \$3/student.</i>	25.A.1 26.B.1 27.B.1	1.C.2 1.C.3 25.A.2 27.B.2 27.B.3
Predator/Prey Relationships Nature contains many dramas, and one example is the predator/prey relationship. Questions like, "What do animals eat?", "Who are the hunters?" or "Which animals are the prey?" are of particular interest to young people. What better way to answer those questions than through the active learning of a food chain role-playing game? This unit seeks to explore the pyramid of life using various activities which involve student and teacher participation. The traditional predator/prey unit is still available upon request, but is subject to weather and environmental conditions. Have students dress in long pants and long sleeves. <i>NOTE: The prep time for this activity takes approximately 45 minutes, but is well worth it.</i>	10.B.1 12.B.1 19.C.1	10.B.2 12.B.2 12.B.3 19.C.2 19.C.3

Class Descriptions Environmental Science - Category A	State Standards	
	Early Elementary	Late Elementary/ Middle School
<p>Problem Solving</p> <p>The controversy between the environment and economics is one that faces everyone. In this unit, students are faced with hypothetical, though realistic situations. They investigate their assigned role, put together information, choose representatives for a public discussion, participate in a land auction, and end with a discussion of the results of the sale. Through this process, students are exposed to issues that will have a great effect on their lives, and they are able to expand on their own developing philosophies. This unit is a perfect choice for an inclement weather alternative.</p> <p><i>NOTE: This class is an indoor unit, although the subject is relevant to the environment. Longer prep time is needed.</i></p>	N/A	1.B.2 1.B.3 1.C.2 1.C.3 3.C.2 3.C.3 4.B.2 4.B.3 21.B.2 21.B.3
<p>River Study</p> <p>Students will discuss and investigate the life in and around the Kishwaukee River through collecting and observation. With water quality testing they will determine the health, chemistry and turbidity of the river. Then students will discuss ways to make the river a better natural environment. Weather and conditions permitting. Bring extra old clothes and a pair of shoes or boots that can get wet (no sandals).</p>	12.A.1 12.B.1 12.D.1 13.A.1 22.C.1	12.A.2 12.A.3 12.B.2 12.B.3 13.A.2 13.A.3 13.B.2 13.B.3 22.C.2 22.C.3
<p>Water Wheel</p> <p>Trace the path of water as it spins through the cycle that all life depends upon. Learn vocabulary that is all wet, for example, evaporation, condensation and precipitation. This session includes visuals, simulations, games, and observing the Kishwaukee River, our on-site waterway. Students will make connections that promote conservation of this precious natural resource. We are not going to stop at the surface – we will also dip down into the mysterious deep groundwater and reveal the secret life of the aquifer.</p>	12.B.1 12.E.1 22.B.1 22.C.1	12.B.2 12.C.2 12.E.2 12.E.3 13.B.2 13.B.3 22.C.2 22.C.3

Class Descriptions Interdisciplinary - Category B	State Standards	
	Early Elementary	Late Elementary/ Middle School
Cross-Country Skiing Atwood Park is beautiful in the wintertime, and the perfect location to try out cross-country skiing (snow cover and conditions permitting). Each student is outfitted with skis, poles, and boots. Ski instructions will be given by our qualified staff. Students should be appropriately dressed in layers.	N/A	19.A.3 19.B.2 19.B.3 19.C.2 19.C.3
Electives The Atwood staff will choose one of their own specialties and offer this course to the entire group. This class time gives the students a chance to choose one of their own interests and learn from a different Atwood instructor. These exciting presentations combine instructor creativity and student choice.	Will depend on the instructor and topics, which vary by season and session.	
Initiatives Games Everybody is a winner! Success is measured by a task that can be accomplished by teamwork. Other activities are experienced for the sake of just having fun! What refreshing ideas these are in a highly structured and competitive world. Developing the skill of working together as a group is valuable and applicable in every area of life. This is the perfect unit for younger students that are not age-appropriate for the Teams Course, but ready to engage in cooperative games.	19.A.1 19.C.1 21.A.1 21.B.1	19.C.2 19.C.3 21.A.2 21.B.2 21.B.3
Map & Compass Basic orienteering with map and compass is a practical skill that combines math knowledge with practical field use. Each student learns how to use a compass and develops their knowledge by actually using one. These activities may include map work, warm-up games, setting a course, or running a course. Working together as a small group helps each student learn group dynamics and team work, as well as confidence in compass abilities.	7.B.1 8.A.1 21.B.1	7.B.2 7.B.3 8.A.2 9.A.2 21.B.2 21.B.3
Native American The Woodland people that once inhabited this area have much to teach us today. This unit will capture the flavor of the culture and the lifestyle of these original habitants. Possible areas of exploration might be Native American cooking, storytelling, archery, honor games, council enactment, trade blanket, or bartering activity. What child has not pondered what it would be like to live close to the land as a Native American? This factor makes this class a popular spring or fall choice.	16.A.1 16.C.1 16.E.1 19.A.1 21.A.1	16.E.2 19.A.2 19.A.3 21.A.2 26.B.2 26.B.3 27.B.2 27.B.3

Class Descriptions Interdisciplinary - Category B	State Standards	
	Early Elementary	Late Elementary/ Middle School
Outdoor Living Skills <p>"Take Only Pictures and Leave Only Footprints" describes a gentler approach to outdoor living. This class hopes to reinforce the concept of minimum impact on the environment, while teaching skills that can increase the comfort level in an outdoor setting. There are scores of activities that can accomplish this goal - fire-building with flint and steel, locating safe water sources, trip preparation, signaling, first-aid tips, and shelter-building are just a few.</p>	N/A	19.C.2 19.C.3 21.B.2 21.B.3 22.A.2 22.A.3 23.A.2 23.A.3
Social Studies <p>The timeline begins with the Woodland Native Americans and continues with Atwood Park's rich local and national history, including its Camp Grant heritage. Original target pits, bunkers, and remnants of an Officer's Club tell of the military days. Also, evidence of the Civilian Conservation Corps work projects constructed during the Great Depression remains on the site today. The New Milford Cemetery, which is adjacent to Atwood, can give a broad range historical perspective. Graves dating back to the 1800s can be viewed and used for activities such as gravestone rubbings or creative writing about times past. This unit can be a traditional unit, or students can learn while participating in a treasure hunt for historical facts (History Hunt).</p>	16.A.1 16.B.1 16.C.1	16.A.2 16.A.3 16.B.2 16.C.2 16.E.2 16.E.3
Teams Course <p>Cooperation, communication, inclusion and teamwork are the key concepts in this unit. Our low initiative element teams course is the place for students to join together to face different challenges. By facing challenges together, the students will learn to help support and trust one another. Problem-solving activities are also used to involve the children in working together to accomplish group goals. The sequence of events will be determined based on weather conditions, skill level, appropriateness, and how well the group works together. Examples of these challenging elements include Giant Skis, Spider Web, Nitro Crossing, Swinging Log, and Climbing Wall, plus many more!</p>	N/A	19.A.2 19.A.3 19.B.2 19.B.3 19.C.2 19.C.3 21.A.2 21.A.3 21.B.2 21.B.3

Nature Specialties

Are you looking to add pizzazz to your outdoor education experience? We offer mini-sessions that can be placed into the time periods between regular classes or incorporated into certain curriculum choices. Some of our selections have an additional cost to cover materials and staffing. Other topics we bring in as a bonus and are available upon request.

Class Descriptions Nature Specialties	State Standards	
	Early Elementary	Late Elementary/ Middle School
<p>Archery</p> <p>Under the skilled supervision of the Atwood staff, students will get to learn and practice the skill of archery. Proper techniques and safety are stressed while students enjoy an activity they may never have tried before. Available in conjunction with Native American and Outdoor Living Skills class.</p>	19.A.1 19.C.1	19.A.2 19.A.3 19.A.4 19.A.5 19.C.2 19.C.3 19.C.4 19.C.5
<p>Birds of Prey Program</p> <p>The Atwood bird handlers will introduce students to a variety of raptors in a birds of prey presentation. This program can be held either outdoors or indoors. Have your cameras ready for a real treat. This 30-minute program will be provided to each group visiting Atwood, according to the handlers' availability.</p> <p><i>NOTE: The Birds of Prey are also available to visit your classroom or school function; please inquire for fees and details.</i></p>	12.A.1 12.B.1	12.A.2 12.A.3 12.A.4 12.A.5 12.B.2 12.B.3 12.B.4 13.B.2
<p>Snow Tubing</p> <p>Sliding down our snow-covered hills is always a favorite activity of students visiting in the winter season. Large rubber inner tubes are provided, and the Atwood staff supervises this popular recreation time. A warm-up time around the lodge fireplace with hot chocolate finishes this memorable experience.</p>	N/A	N/A

Evening Units

When darkness comes to the park, a host of nightlife is just waking up. Whether observing field or sky, evenings at Atwood are exciting. The following units are possible selections for your evening programs.

Class Descriptions Evening Units	State Standards	
	Early Elementary	Late Elementary/ Middle School
<p>Alpha Wolf</p> <p>An activity that examines the controversial future of the wolf. The students mimic the life of the wolf clan. A staff member becomes the alpha wolf separated from the pack. The students and their evening instructor are in their individual groups and are the dislocated pack members in search of the alpha wolf — a “hide and seek” game of sorts. Included will be a short opening discussion/explanation, a hike/search and wrap-up activity. This program is only offered on Monday and Wednesday evenings. Special arrangements can be made for 1½ day programs.</p>	12.B.1	12.B.2 12.B.3 13.B.2 13.B.3 15.B.2 15.C.2
<p>Astronomy</p> <p>Weather permitting, astronomy is a popular evening activity. No matter the season, the nighttime sky sports a variety of constellations. The study of the stars and moon is an interesting approach to understanding the vastness of the universe. Learning about constellations, planets, and their folklore is all part of astronomy.</p>	12.F.1	12.F.2 12.F.3
<p>Camp Grant History</p> <p>Atwood Park was a portion of one of the largest military bases in the Midwest during the World War I time period. The site was in use during World War I and World War II, and was home of a branch of the Civilian Conservation Corps during the Great Depression. Students can trace Camp Grant’s heritage by exploring remnants of army structures and Corps work projects. Some of the points of interest include the target pit, field bunkers, pump house, picnic shelter, and white pine forest. Along with the visual experience, the class is exposed to a historic timeline pertaining to the park property. There will also be an opportunity to visit the historic New Milford cemetery adjacent to the Atwood property.</p>	N/A	16.A.2

Class Descriptions Evening Units	State Standards	
	Early Elementary	Late Elementary/ Middle School
<p>Nocturnal Animals</p> <p>The nighttime animals of Atwood are alive and well, even though we rarely see them. Learn about the other world that exists while the rest of us sleep. Quiet hikes in the night provide many opportunities to actually see these animals in action. Learning about their many adaptations for the dark gives students a new appreciation for creatures that thrive after the sun goes down. A special emphasis on one member of the night time community, the bat, has been integrated into "Bat Games," which can be specified during the fall and spring months.</p>	<p>12.B.1 16.E.1</p>	<p>12.B.2 12.B.3 13.B.2 13.B.3</p>
<p>Night-Time Sampler</p> <p>This class combines the highlights from other evening sessions, such as nocturnal animals, tracking, field science, astronomy, and Native American stories. This potpourri of topics may differ from season to season to capture the best the natural world has to offer. The degree of darkness is a determining factor in the focus of the hike. In the winter season, astronomy and nocturnal animals/owls studies are at their peak for learning. The spring and early fall are better for tracking, field science, and history. This more free-wheeling experience suits the group that enjoys variety, as well as surprises.</p>	<p>N/A</p>	<p>12.B.2 12.B.3 12.F.3 13.B.2 13.B.3 16.A.2 16.B.2</p>
<p>Living History Presentation: <i>The Life of the Voyageur and the French Fur Trade</i></p> <p>The French played an important part in the exploration and settling of the Illinois country. The goal of this living history interpreter is to bring to your school group or organization the life and times of the Voyageurs – men who paddled the big canoes for the fur trade. Complete with trade goods and furs.</p> <p>This program option is available through an independent contractor, and terms are determined between the school and the presenter. Please bring a separate check to be given to the presenter for the total additional charges (additional per student fee multiplied by the number of students participating = total additional charges). Contact Steve Hakes at (815) 289-8343 for fees and details.</p>	<p>N/A</p>	<p>N/A</p>

Residential Program Fees 2009-10

Prices are per student, and include professional staff, meals, equipment, therapeutic recreation services, and overnight accommodations. Additional fees apply for some curriculum choices.

PROGRAM LENGTH	FALL & SPRING RATES <i>August-November and March-May</i>		WINTER RATES <i>December-February</i>	
	In-District	Out-of-District	In-District	Out-of-District
1½ days	\$ 59	\$ 74	\$ 54	\$ 69
2½ days	\$ 95	\$124	\$ 85	\$114

Residency Defined

Non-residents are welcome to participate in Rockford Park District programs and services at our standard fee. Residents of the Park District will be offered a discounted rate, when possible, for programs and services where fees are charged. A resident is defined as one who either resides, or personally owns real estate within the Rockford Park District. For the purposes of this program, students attending Rockford or Harlem School District schools, or private and parochial schools within the Rockford Park District boundaries, are considered residents.

Fee Assistance

For this program, "Fun for All Kids" is available to Rockford Park District residents (only). Schools serving low-income students are encouraged to apply for this assistance. Any student who participates in the free or reduced lunch program is eligible for a fee reduction of 50%.

NOTE: A fee assistance form (see Forms Packet) will need to be filled out and turned in by the time of your visit.

Regarding Meals

- 1) Kitchen staff only prepares the amount of food necessary to serve campers, staff, teachers, and adults who are STAYING with campers.
- 2) Additional diners will be charged for their meal. Please pay in the Administrative Office upon arrival. You will receive a receipt upon request. Prices per meal are as follows: Breakfast - \$6.25; Lunch - \$6.50; Dinner - \$7.50.
- 3) Kitchen staff needs prior notification in order to prepare additional meals. If parents are planning to join their child for a meal at Atwood, they must notify school staff at least 24 hours in advance. Please relay this information to Atwood promptly.
- 4) Because of seating assignments, parents probably will not be able to sit with their child. Parents may be seated with staff, or at a table of their own. Staff will decide seating.

Typical Daily Schedule

This is a typical daily schedule at Atwood. Meals are served at 7:30 AM, 12 Noon, 5 PM, and 8 PM (evening snack). The rest of our program is flexible depending upon school needs, individual groups, and weather conditions.

NOTE: An Atwood/School Schedule Planner (see forms packet) will need to be filled out and turned in three weeks prior to your visit.

MORNING	6-7:20 AM	Wake up and dorm room clean-up. Half of the boys and half of the girls shower. On the last morning, packing gear.
	7:20-7:30 AM	Table setting for one group of students (the hoppers)
	7:25 AM	Line up for breakfast
	7:30-8:30 AM	Breakfast and 15-minute dorm break
	8:30-11:45 AM	Instructional period (prep, outdoor activity, and follow-up)
	11:45-11:55 AM	Table setting for one group of students (the hoppers)
AFTERNOON	Noon-1 PM	Lunch and 15-minute dorm break
	1-4:55 PM	Instructional period (prep, outdoor activity, and follow-up)
	4:45-4:55 PM	Table setting for one group of students (the hoppers)

	4:55 PM	Line up for dinner
EVENING	5-6 PM	Dinner and 15-minute dorm break
	6-8 PM	Instructional period and recreational activities
	8-9:15 PM	Bedtime snacks and evening program (Atwood supplies first night's snack, school supplies second night's snack)
	9:15-9:45 PM	Getting ready for bed. Half of the boys and half of the girls shower.
	9:45 PM	Lights out
	10 PM	Evening staff leaves

Directions to Atwood Environmental Center

From Chicago and suburbs:

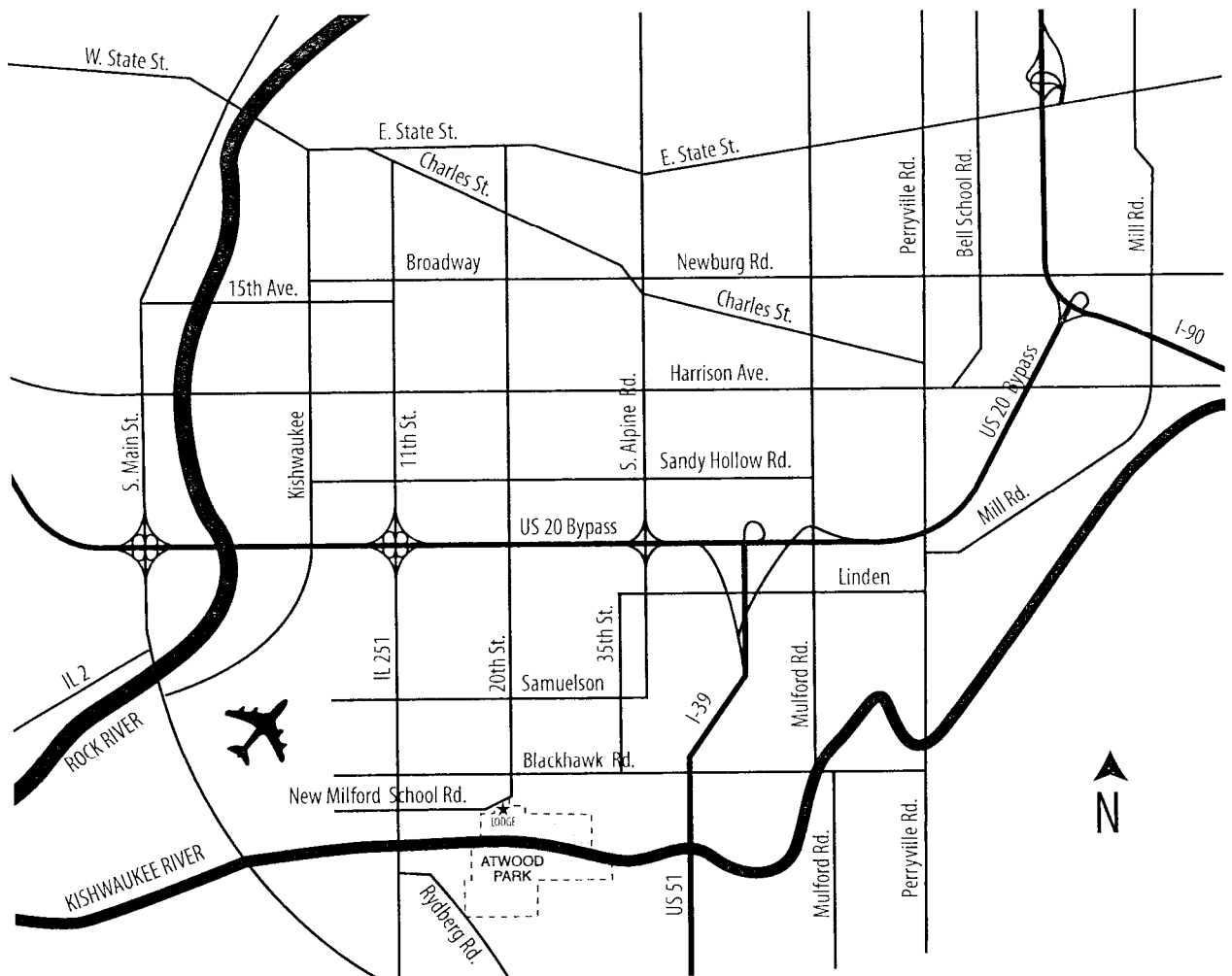
Take Interstate 39/90 west, and exit at Bypass U.S. 20-West (towards Freeport).

Travel west on U.S. 20 Bypass approximately 2 miles.

Take IL 251-South exit (towards Rochelle) and travel south on 251 for 2½ miles.

Turn left (east) onto New Milford School Road and travel ½ mile.

Entrance to Atwood Park is on your right, just past the cemetery.



Hiking Trails

